

A Practical Guide to implementing the  
NICE Guidance & updated Quality Standard on

# Diabetic Foot Problems

## Prevention & Management

Friday 6 October 2017 De Vere West One Conference Centre, London

10% card payments discount\*  
15% group booking discount\*\*



### Chair & Speakers Include:

**Dr Matthew Young**  
*Consultant Diabetologist*  
Royal Infirmary of Edinburgh  
& *Editor* Diabetic Foot Journal

**Professor William Jeffcoate**  
*Steering Group Chair*  
National Diabetes Footcare Audit  
& *Consultant Diabetologist*  
Nottingham City Hospital

**Nikki Joule**  
*Policy Manager*  
Diabetes UK

100% of delegates who attended a previous conference on this topic would recommend to a colleague

“Excellent, will take a lot of points forward to trust”

“Mentally stimulating, good range of speakers... very relevant and motivating day”

“The conference was excellent, lots of things learned, nothing to improve”

Supporting Organisation



A Practical Guide to implementing the  
NICE Guidance & updated Quality Standard on

# Diabetic Foot Problems

## Prevention & Management

Friday 6 October 2017 De Vere West One Conference Centre, London

*"If we can ensure patients with diabetes have the appropriate, high quality care they deserve across the country then we can prevent amputations,..There are several steps we can take to ensure this happens, one of which is to ensure that those presenting with active diabetic foot disease have rapid access to a multidisciplinary diabetic foot service. Higher mortality rates are thought to be related to heart disease and therefore we also need to ensure the all-round health of the patient is cared for, including addressing their overall cardiovascular disease risk." Professor Jonathan Valabhji, NHS England's National Clinical Director for Diabetes and Obesity*

*"More than 60,000 people with diabetes in England are thought to have foot ulcers at any given time. In 2014-15 the annual cost of diabetic foot disease to the NHS in England was estimated at £1 billion, in addition to the personal/social costs of reduced mobility and sickness absence. Only around half of people with diabetes who have had a diabetic foot ulcer survive for 5 years. Only half of patients with diabetes who have had an amputation survive for 2 years." National Diabetes Foot Care Audit, March 2017*

This conference focuses on improving practice in the prevention and management of diabetic foot problems including implementing the updated NICE guideline, Quality Standard, and operational framework to improve care for patients with diabetic foot disease. Through national updates, extended focus sessions and practical case studies the conference will update delegates on best practice in improving the care of patients with and at risk of diabetic foot problems.

The conference will also update delegates on findings and implementation of the recommendations from the National Diabetes Foot Care Audit which was published in March 2017. The audit found that nationally recommended care structures in place for the management of diabetic foot disease are often not in place and *"the basic framework for effective prevention and management of diabetic foot disease often seems to be missing"*. The Audit also found that *"Two-fifths of the ulcer episodes referred by a health professional had an interval of two or more weeks before their first expert assessment (40 per cent). Almost one-third of ulcer episodes were self-referred (30 per cent). Self-referring patients were less likely to have severe ulcers (34 per cent). Patients not seen for two months or more were most likely to have severe ulcers (58 per cent)."* National Diabetes Foot Care Audit March 2017

*"More than 135 people with diabetes have a leg, foot or toe amputated each week. This is shocking, especially as four out of five of these amputations are preventable." Diabetes UK*

*"100 diabetes related amputations take place in the UK each week. 80% of these could be prevented if people were more aware of the risk and knew how to minimise it." NHS England*

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## 10.00 Chair's welcome and Introduction

**Dr Matthew Young** *Consultant Diabetologist Royal Infirmary of Edinburgh & Editor Diabetic Foot Journal*

## 10.10 Implementing the updated NICE guidance on the Diabetic Foot

### Member

*Guideline Development Group  
Diabetic foot problems  
NICE*

- practicalities and challenges for implementation
- the new guidance and quality standard: what has changed?
- how can we ensure care within 24 hours of a person with diabetic foot problems being admitted to hospital, or the detection of diabetic foot problems
- implementation in practice: our experience in Ipswich
- is it possible to eliminate avoidable amputations? Should we be looking at the zero tolerance approach that has worked for infection and pressure ulcers?

## 10.40 EXTENDED SESSION: Learning from the National Diabetes Foot Care Audit (NDFA) The recent Audit findings were published in March 2017

### Professor William Jeffcoate

*Steering Group Chair  
National Diabetes Footcare Audit  
& Consultant Diabetologist  
Nottingham City Hospital,*

- learning from the national diabetes foot care audit (NDFA) 2014-16
- does referral and treatment comply with national recommended guidance?
- are the outcomes of treatment as good as they can be?
- patient and ulcer characteristics, and factors that predict healing
- using the findings to improve care at a local level

## 11.10 Question and answers, followed by tea & coffee 11.20

## 11.55 Putting Feet First: communicating the importance of diabetic foot care

### Nikki Joule

*Policy Manager  
Diabetes UK*

- how do we educate people with diabetes know how to look after their feet and know what to expect from their health service
- ensuring local health services provide an integrated footcare pathway – the right treatment at the right time in the right place
- raising awareness in health professionals and in people with diabetes
- the Diabetes UK 'Putting Feet First Campaign'

## 12.25 EXTENDED SESSION: Effective Risk Assessment and Identification of the at risk foot

### Dr Matthew Young

*Consultant Diabetologist  
Royal Infirmary of Edinburgh  
& Editor  
Diabetic Foot Journal*

- developing effective screening for early identification of problems
- risk assessment, risk stratification and identification of the foot at risk
- moving from risk assessment to action: ensuring appropriate referral
- developing effective foot protection services

## 13.10 Question and answers, followed by lunch at 13.20

## 14.00 EXTENDED SESSION: Types and management of active foot disease

### Speaker to be announced

- types and management of active foot disease
- advanced assessment
- diabetic foot infections
- Charcot Neuroarthropathy in the Diabetic Foot
- management of painful neuropathy

## 14.45 EXTENDED SESSION: The principles of effective foot ulcer care

### Tina Chambers

*Past Chair  
Tissue Viability Society  
Tissue Viability Consultant  
Educator and Advisor*

- effective management of foot ulcers
- TVN role within the multidisciplinary team
- what works? The evidence

## 15.30 Question and answers, followed by Tea & Coffee at 15.40

## 16.00 MASTERCLASS: Conducting and learning from Root Cause Analysis & Legal Update

### Facilitator: Simon Robinson

*Barrister Accredited Mediator  
Five Paper Chambers*

- developing your skills in effective root cause analysis and investigation
- conducting an effective root cause analysis for a foot amputation
- note keeping and legal implications
- learning from RCA

## 17.00 Questions and answers, followed by close at 17.10

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# Implementing the New NICE Guidance & Updated Quality Standard on Diabetic Foot Problems: Prevention and Management

Friday 6 October 2017  
De Vere West One Conference Centre, London

Download

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## Conference Documentation

I cannot attend the conference but would like to receive a PDF containing the conference handbook material, which includes speaker slides, at £49 each.

*The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..*

For more information contact Healthcare Conferences UK on **01932 429933** or email [jayne@hc-uk.org.uk](mailto:jayne@hc-uk.org.uk)

### Venue

De Vere West One, 9-10 Portland Place, London, W1B 1PR.  
A map of the venue will be sent with confirmation of your booking.

**Date** Friday 6 October 2017

### Conference Fee

- £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.  
 £300 + VAT (£360.00) for voluntary sector / charities.  
 £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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